## Dear BSQ families,

We are starting a project in collaboration with the World Food Programme. The project is to create a recipe book from the BSQ community with the purpose of helping the WFP School Food Programme of Ecuador. Eventually, we hope to be able to promote the sale of the BSQ-WFP recipe book to raise funds for this noble cause. We are asking if you can all send us a recipe by the 27th of February (after Carnaval break) and if possible, a photo of you as a family with your final dish. Please take a look at the accompanying flyer for more information and please don't hesitate to contact us if you have any questions.



## What is our project about?

We are focussing on collecting a variety of recipes from our community to create a recipe book.

The main purpose is to help educate people to have a nutritious and healthy diet. We are also aiming to support the Ecuadorian School Feeding Programme to help those in need.



## How can you help?

- 1. Share your recipe including:
  - a.Ingredients and procedures
  - b. Photos
  - c.State the origin of the recipe

e.g Fanesca is a typical Ecuadorian Easter dish.

## **Challenge Time!**

PRIZES
FOR THE
WINNER!

The class that contributes the most recipes will receive a prize.

Remember: the more recipes we have, the more we can help those in need.

